St. Elizabeth | Coleman Parent Support Group and Material Assistance

We invite you to join St. Elizabeth | Coleman's Parent Support Group! Our goal for this group is to assist mothers, with children 10 years of age and younger, who are struggling with life's challenges. The support group will discuss a variety of topics including: child development, positive discipline, budgeting, and goal setting. The mothers involved in the group help select the discussion topics and are active participants. This group is not only educational, but encourages mutual support among the group members!

The support group will <u>usually</u> be held one Thursday of each month from 1:30-3:00 P.M. at St. Elizabeth | Coleman.

At the conclusion of each support group meeting, material assistance will be provided to all women who attend. The assistance will **only** be distributed on scheduled support group days for all who attend group that day. The items that we provide to you are donated to our agency, so we will not always have all the items you request.

We encourage you to call if you are interested in being added to the list. If you have any questions regarding the support group please contact the group leader/facilitator.

Cheryl Garlinger, LSW at 317-787-3412 X 27, or email cgarlinger@SECindy.org

We look forward to hearing from you.

This group meets one Thursday of each month at 1:30-3:00 P.M. at our facility.

You must attend the group to receive material assistance.



Phone: 317-787-3412 www.GivingBirthToHope.org